

Information about participation in a survey on mental health

You have been randomly selected to participate in an anonymous survey about mental health. The study is conducted by the Centre for Epidemiology and Community medicine (CES), Region Stockholm. It takes about 15 minutes to complete the survey and you can answer it in English or Swedish online or on the paper survey in Swedish. Your participation is voluntary – but extremely valuable.

HOW TO PARTICIPATE

At ces.sll.se/enkat you will find a link to the web survey as well as more information on how to complete it. To access the web survey, use the login details attached to the invitation letter you received by mail.

Bear in mind that there are no right or wrong answers – it is your personal opinion that is requested. Please send in your responses within two weeks. Your participation is anonymous.

Knowledge translates into improved care

The aim of the study is to find out how people describe mental health problems, and identify what attitudes about mental health problems and psychiatric care exist in the population. Mental health problems affect many people in society. However, different people perceive mental health problems differently. The results from the study will be communicated to health care practitioners and to politicians. It is with knowledge about the current situation health care and health care facilities can be better adapted to meet the actual needs of the population.

Your participation makes a difference

To collect this important information, the survey has been sent to 5,000 people living in Stockholm County aged 16–84, randomly selected from the “Swedish Population Register” from the Swedish Tax Agency. In order for us to get a representative picture of the population, it is important that as many people as possible answer the survey. We are very grateful if you choose to do so.

Your participation is anonymous

Personal data is handled according to the European Parliament and the Council of the European Union (EU) 2016/679 “General Data Protection Regulation (GDPR)”. The login information for the web survey is anonymous and IP addresses are not registered. Name and address information will be deleted after we have mailed the invitation letter and reminders and will not be linked to your responses. The results of the study will be presented without any individual being identified and the data will only be accessible to authorized persons in the research group within the Unit for Mental Health at the Centre for Epidemiology and Community Medicine (CES). Because of the anonymity, we cannot see who has answered the survey, and therefore reminders are sent to all participants. Kindly, disregard the reminders if you have already submitted your answers.

Contact us if you have any questions or concerns!

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About the Centre for Epidemiology and Community Medicine

The Centre for Epidemiology and Community Medicine is a research organisation within Region Stockholm. The duties of the centre is to contribute to good and equitable health for the people in Stockholm County through development and dissemination of knowledge. We are engaged in public health research and education, and strategic public health work. This includes epidemiological surveillance and analysis, development, evaluation and support for implementation of methods of health promotion and disease prevention and guidelines and policy within the public health area. One of our focus areas is mental health.